



CITY OF LEWISTON

FOOD DAY PROCLAMATION

WHEREAS, the health and well-being of our residents is of primary concern for the City of Lewiston; and

WHEREAS, promoting safer, healthier diets is a critical factor in improving residents' overall health and quality of life; and

WHEREAS, local organizations such as the St. Mary's Nutrition Center are supporting area residents in learning how to create healthier, locally-sourced meals at home; and Healthy Androscoggin is providing the community with resources to learn how to eat healthy, even on a budget; and

WHEREAS, Androscoggin County serves as home to many sustainable family farms, farm stands, and farmers' markets such as Valley View Farm, Bell Farms, South Auburn Organic Farm, Wallingford's and others, in addition to farm stands like the well-known Blackie's in both Lewiston and Auburn that support nearby markets like the blossoming Bates Mill 5 Farmers' Market in Lewiston; and

WHEREAS, obtaining fair pay and safe conditions for food and farm workers is beneficial for both the producer and consumer so that the food we produce and consume is safe and fair for all; and

WHEREAS, training the farmers of today and tomorrow is a top priority for our community centered on efforts like those of the Lewiston-based Lots to Gardens, or the Portland-based Cultivating Community; and

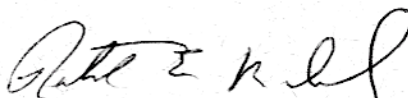
WHEREAS, expanding access to food and reducing hunger is of critical importance to aid those efforts led by Good Food Lewiston-Auburn, Auburn-based Good Shepherd Food Bank, and the growing food BackPack Initiative in our local schools which all serve as vital programs in improving food security for our most "at risk" populations;

NOW, THEREFORE, I, Robert E. Macdonald, Mayor of the City of Lewiston, do hereby proclaim Friday, October 24, 2014 as

FOOD DAY

in the City of Lewiston, and urge all residents to participate in the activities in Lewiston-Auburn planned by Healthy Androscoggin and Lots to Gardens or consider visiting a local farm stand.

In testimony whereof, I have hereunto set my hand and caused to be affixed the seal of the City of Lewiston, this 24th day of October, 2014.


Robert E. Macdonald, Mayor

